

Book 41

Spiritual Healing  
12/09/2023

1. The easiest way I have found for spiritual self-healing (by the will of Allah) is to completely let off the dunya from your heart and soul ~~and~~ during the ~~prayer~~.

Make your whole heart and soul content and in the complete worship of your Rabb (Allah). In this complete state in the worship of Allah, even broken bones can be healed, and even the dead can come back to life or the terminally sick can completely recover to a better state than before.

Wa Allahu A'lam

Alhamdulillah was-salatu  
was-salam 'ala Rasulillah